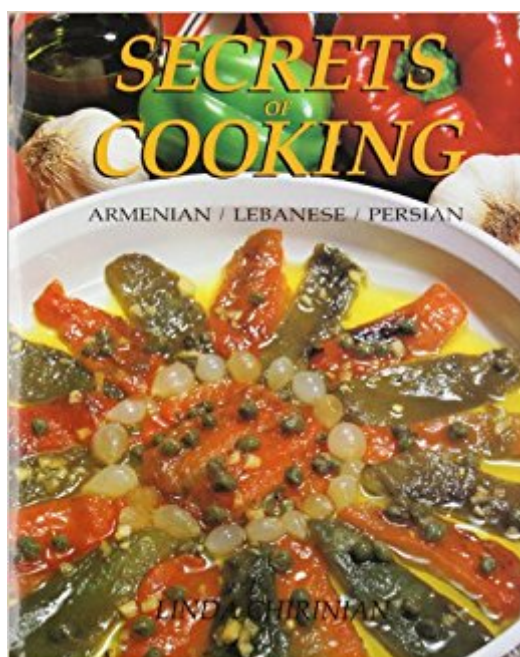


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Secrets Of Cooking: Armenian/Lebanese/Persian



Synopsis

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Title: Secrets of Cooking
Author: Chirinian, Linda
Publisher: Lionhart Inc Pub
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Customer Reviews

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I lent my first copy of this book to a co-worker and oddly, never got it back. :) Had to order a second one because I use this so often. I have owned it for close to 20 years and always seem to find something new to cook. The recipes always turn out well and are always exceptional. Some of the dessert recipes and traditional Armenian dishes like Topig and Sou Boureg are labor-intensive but these are the exceptions; a lot of the recipes are good for everyday cooking. Ingredients are not hard to find. I live overseas a lot in sometimes remote places and with a few spices, basmati rice, tahini and bulgur in my pantry, I can cook almost anything from here. Meat and dough-based recipes are the standouts in this collection.

Best cookbook for Middle Eastern food. I had it many years ago and gave it to a friend. I was so excited that I found it again. Other recipes do seem to have the same favors dor ease of preparation. This is a must in your kitchen if you enjoy this type of cuisine.

I am married to an Armenian and can now finally hold my own against my mother-in-law's cooking! No small matter, as she is a fabulous cook. I have tried lots of the recipes in this book and have yet to find one that was not superb. They are all step by step which really helps to break down what can be done ahead and shows which recipes are hands-off vs those that require constant attention. I really like the variation suggestions at the end of each recipe, which have encouraged me to try my own substitutions with great success. Some of the recipes that call for baking I have cooked on the stovetop successfully so I don't have to heat up the house so much. A lot of the recipes are VERY heavy on butter but I find I can easily cut back on that (often by 50%) and still have wonderful results. If you like middle eastern food at all you'll love these recipes.

THIS BOOK IS GREAT WAS IN GREAT CONDITION ARRIVED QUICKLY. LOTS OF PICTURES RECIPES EASY TO FOLLOW. IT ALSO TELLS YOU WHICH RECIPE IS ARMENIAN WHICH LEBANES AND WHICH IS PERSIAN. WOULD RECOMMEND THIS BOOK FOR ANYONE WHO ENJOYS MIDDLE EASTERN COOKING

I've made several recipes from this book. Very authentic Middle Eastern recipes that taste great. My favorite is the Armenian pilaf. Just like mom used to make!

This book has very authentic recipes. The pictures are beautiful, the instructions are clear, and the ingredients are not difficult to obtain. I would recommend it to anyone who is interested in learning to cook the foods of the Middle East.

Having looked the recipes over I am surprised that even though the book title is "The Complete Armenian Cookbook", there are so many favorite recipes omitted and other internationally favorite recipes are included. Armenian settled every corner of the world due to diaspora after their land was taken by the Ottoman Empire. Having said this, the flavor and ingredients of Armenian food differs from one country to another where it is influenced by the local spices, and culinary practices. I grew up in the middle east and the Turkish, Greek, Lebanese, Egyptian, Syrian, Persian influences were present in our cooking. I was looking for some of the older Anatolian cooking that I did not find in this book. This book is far from being the "Complete Armenian Cookbook" yet it gives one maybe some knowledge of the food and the ways of preparation Armenian Food. It is easy to follow, and has a good index to find your topic.

Recipes are very similar to my grandma's traditional middle eastern recipes. The grape leaf recipe is especially good.

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